



USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza
 Colorado Springs, CO 80909
 (719) 866-4508
 Fax (719) 866-4741
www.usaweighting.org
 e-mail: usaw@usaweighting.org

Competition: Lakeville Open

Location: Kenwood Trail Middle School

Date: Feb. 7, 2009

Group: SA Girls

Sanction #: 30-09-05

Wt Class	Name	Team	Body Wt	Snatch			Best	Clean & Jerk			Best C&J	Total	Place
				1	2	3	Sna	1	2	3			
44	Corissa Kaas	Farmington	43.21	22	24x	24x	22	28	30	32	32	54	1
48	Alyssa Larson	Lakeville South	47.05	18	20	24	24	26	28	30	30	54	1
53	Maria Fruechte	Caledonia	51.75	47	50	52	52	57	60	62	62	114	1
53	Anna Adrian	Farmington	52.62	30	32	34	34	42	44	47	47	81	2
53	Madison Silva	Lakeville South	52.97	21	25	28	28	30	34	41	41	69	3
53	Rachel Amerman	Northfield	51.35	20	22	24x	22	31	33	35	35	57	4
58	Megan Ripley	Cannon Falls	54.94	45	47x	47	47	54	56x	56	56	103	1
58	Chelsea Nelson	Lakeville South	57.54	38	40x	40	40	48	51	55	55	95	2
58	Lauren Lecey	Cannon Falls	54.91	17	20	22	22	25	30	35x	30	52	3
63	Shelby Callahan	Northfield	62.55	36	39	42	42	45	49	53x	49	91	1
63	Bailey Lawson	Northfield	62.36	25	27	29	29	35	37	40	40	69	2
63	Taylor Elliason	Northfield	62.04	20	22	24	24	33x	33	35x	33	57	3
69	Madasyn Hofstedt	Cannon Falls	64.31	40	43	46x	43	47	52	55x	52	95	1
69	Sonja Barr	Duluth	65.64	35	37	39	39	50	52	54	54	93	2
69+	Payton Smith	Farmington	81.56	40	43	46	46	56	58	60	60	106	1
69+	Emmy Miller	Cannon Falls	76.36	42	45x	45x	42	51	54	57	57	99	2
69+	Beth Murphy	Farmington	104.72	40	42x	43x	40	52	56	58	58	98	3

USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza
 Colorado Springs, CO 80909
 (719) 866-4508
 Fax (719) 866-4741
www.usaweighting.org
 e-mail: usaw@usaweighting.org

SCORESHEET

Competition: Lakeville Open

Location: Kenwood Trail Middle School

Date: Feb. 7, 2009

Group: Junior Girls

Sanction #: 30-09-05

Wt Class	Name	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place
					1	2	3		1	2	3			
48	Rachel Hanson	92	Northfield	47.87	25	28	31x	28	34	37	40	40	68	1
53	Noelle Heinricy	90	Northfield	51.72	44	47x	47x	44	52x	53x	53x	0	0	-
58	Nicole Heinricy	90	Northfield	57.17	38	40x	40x	38	47	49	51x	49	87	1
58	Kelly McGovern	92	Northfield	57.75	25	27	29	29	30	33	36	36	65	2
63	Natalie Witschorik	92	Northfield	61.93	42	45x	45	45	54	57	58x	57	102	1
63	Anna Hanson	92	Northfield	62.03	35	37x	37	37	53x	56	59	59	96	2
63	Siobhan Lyons	91	Northfield	62.33	34	37	39	39	50	53	57	57	96	3
63	Alison Kopp	91	Northfield	61.57	28	30	33	33	30	35	39	39	72	4
63	Emily Kragness	92	Northfield	61.41	27	29	31	31	30	33	36	36	67	5
69	Megan Nekowitsch	92	Farmington	68.56	39	41	42	42	59x	59	60	60	102	1
69	Kira Kirchberg	92	Northfield	64.65	34	37x	39x	34	40	44	47x	44	78	2
69ex	Nicole Meyer	92	Northfield	63.71	25x	27	29	29	43	46	49x	46	75	-
75	Mary Franz	90	Northfield	74.82	44	46	48x	46	63	66x	66x	63	109	1
75	Taylor Filzen	91	Northfield	69.96	42	45	47	47	56	58	60	60	107	2
75	Bette Benson	92	Northfield	73.56	34	37x	37	37	49	51	54x	51	88	3
75	Caitlin Caraway	92	Lakeville North	73.7	35	38x	38x	35	40	45	47x	45	80	4
75ex	Corryn Taylor	91	Farmington	70.85	47x	47x	47	47	55	58	61	61	108	-
75+	Lyndsey Callahan	92	Northfield	108.81	48	51	54x	51	68	74	79x	74	125	1
75+	Harlie Miller	91	Cannon Falls	82.8	52	55x	55x	52	63	65x	65x	63	115	2
75+	Meredith Gulsvig	92	Farmington	93.66	36	39x	39x	36	48	50	53x	50	86	3
75+	Grace Vasilis	91	Northfield	83.36	28	31	34	34	42	45	48	48	82	4



USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza

Colorado Springs, CO 80909

(719) 866-4508

Fax (719) 866-4741

www.usaweighting.org

e-mail: usaw@usaweighting.org

Competition: Lakeville Open

Date: Feb. 7, 2009

Group: SA Boys

Location: Kenwood Trail Middle School

Sanction #: 30-09-05

Wt Class	Name	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place
				1	2	3		1	2	3			
50	Khai Phu	Farmington	48.46	40x	42	45	45	54	58	60	60	105	1
50	Ben Magalis	Cannon Falls	49.13	30	33	35x	33	45	48	50	50	83	2
50	Jovonne Ripley	Cannon Falls	37.23	33	35x	35x	33	45	47x	47	47	80	3
50	Erik Phillips	Spartacus	41.01	30	32	34	34	41	44	46x	44	78	4
56	Nick French	Lakeville South	54.86	50	53	55x	53	65	68	72x	68	121	1
56	Jordan Erickson	Cannon Falls	52.2	37	42	44	44	53	58	60	60	104	2
56	Ryan Szok	Red Wing	53.32	39	42x	42	42	53	56	58x	56	98	3
56	Weston Chan	Lakeville North	54.42	35	40	45x	40	50	55	60x	55	95	4
62	Chad Forsell	Cannon Falls	60.61	50	55	57	57	60	65	68	68	125	1
62	Alex Rittenhouse	Lakeville South	61.22	50	53	55x	53	62	65	69	69	122	2
62	Matt Schulz	Farmington	59.26	40	43	45	45	65	68	70x	68	113	3
69	Chase McNulty	Lakeville South	67.14	63	66	69x	66	83	86	90	90	156	1
69	Casey Troop	Lakeville South	67.16	60	64	66x	64	80	85	88	88	152	2
69	Tucker Meillier	Northfield	68.22	55	60	65	65	76	81	85x	81	146	3
69	Will Phillips	Spartacus	68.22	51	54	56	56	66	70	73	73	129	4
69	Ian MacDonald	Lakeville South	61.35	50	53x	53	53	66	71	76x	71	124	5
69	Chance Bonar	Farmington	66.65	47	51	54	54	70	75x	75x	70	124	6
69	Matt Cochlin	Northfield	65.84	52	56	58x	56	60	64	67x	64	120	7
69	Luka Zane	Lakeville	68.26	45	47	50x	47	60	64x	65	65	112	8
77	Collin Fossum	Lakeville South	76.15	92	96x	96	96	112	116x	116	116	212	1
77	Andrew Hausmann	Rosemount	73.97	65	70x	70	70	90	95	100x	95	165	2
77	Christopher Gonzalez	Cannon Falls	76.94	55	60x	60	60	80	85x	85	85	145	3
77	Cory Ewanika	Lakeville South	75.75	55	58	61	61	70	75	80	80	141	4
77	Shane Henry	Northfield	74.22	50	53	56x	53	65	69	72	72	125	5
85	Conner Stoffregen	Lakeville South	81.76	58x	58	60	60	82x	82x	84	84	144	1
85	Patrick Dougherty	Cannon Falls	83.87	47	50	53	53	70	73x	73x	70	123	2
94	Nick Liska	Rosemount	86.96	70	75	80	80	100	105	110x	105	185	1
94	Colton Hirman	Rosemount	86.26	60	65	68x	65	80	86x	86	86	151	2
94	Kevin Moore	Northfield	93.96	63x	63	65x	63	84	86	88	88	151	3
94+	Ben Kuhr	Lakeville South	120.44	60x	60	62	62	80	90	97x	90	152	1



USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza
 Colorado Springs, CO 80909
 (719) 866-4508
 Fax (719) 866-4741
www.usaweighting.org
 e-mail: usaw@usaweighting.org

Competition: Lakeville Open

Location: Kenwood Trail Middle School

Date: Feb. 7, 2009

Group: Junior Boys

Sanction #: 30-09-05

Wt Class	Name	Team	Body Wt	Snatch			Best	Clean & Jerk			Best C&J	Total	Place
				1	2	3	Sna	1	2	3			
56	Kyle Rasmussen	Northfield	55.96	60	63	66	66	78	81	84	84	150	1
56	Charlie Pahl	Lakeville North	55.91	50	53	58x	53	68	70	73x	70	123	2
62	Tri Phu	Farmington	59.65	70	74	76x	74	90	98	100x	98	172	1
62	Jordan Freeman	Northfield	59.9	70	75x	75x	70	88	92	95	95	165	2
62	Henry Mark	Lakeville South	61.46	52	56x	58	58	70	78x	78x	70	128	3
62	John Doron	Hayfield	60.55	50	55	58x	55	64	68	71x	68	123	4
62	Hunter Pleschourt	Northfield	61.13	50	53	55x	53	60	64	67x	64	117	5
69	Nick Pierce	Farmington	66.95	80	83	85	85	98	102	105x	102	187	1
69	Tracy Kruchten	Northfield	68.77	82x	82	84	84	95	100	104x	100	184	2
69	Roger Ung	Lakeville South	68.96	70	74x	74x	70	95	100	103x	100	170	3
69	Anthony Prostrollo	Rosemount	65.33	65	70	73	73	88	91x	91x	88	161	4
69	Donny Mattia	Lakeville South	68.05	64x	64	67x	64	86x	86x	86	86	150	5
69	Jordan Youmans	Red Wing	65.12	60x	60	65x	60	78	82	85x	82	142	6
77	Josh Meillier	Northfield	76.83	81	86	90	90	100	110	122x	110	200	1
77	Ryan Ringeisen	Cannon Falls	74.42	60	66	72x	66	90	95x	95x	90	156	2
77	Alex Novak	Lakeville South	71.96	60	65	69	69	80	85	90x	85	154	3
77	Adam Kruger	Hayfield	72.55	55	60	63	63	84	88	90	90	153	4
77	Alex Perkins	Northfield	76.51	58x	58	60x	58	85	88	90	90	148	5
77	Brandon Pietz	Lakeville South	76.03	55	60x	60	60	85	88x	90x	85	145	6
77	Donnie Drewry	Farmington	72.81	62x	62	65	65	75	80x	80x	75	140	7
77	Jake Jensen	Albert Lea	73.01	50	55	59x	55	70	75x	75	75	130	8
77	Jacob Sinning	Northfield	76.04	50	53	56	56	68	71	74x	71	127	9
77	Leif Bade	Northfield	71.63	48x	48	51	51	68	71	75	75	126	10
77	Anthony Farr	Albert Lea	75.75	50	55x	55	55	70	75x	75x	70	125	11
85	Harrison Bernier	Lakeville North	80.51	95	100	103	103	115x	115	122x	115	218	1
85	Yujie Sun	Northfield	84.7	95	100	105x	100	115x	115	125x	115	215	2
85	Duke Ameyaw	Farmington	82.82	78x	78	83x	78	100	106x	106x	100	178	3
85	James Kluver	Northfield	80.26	50	53	56x	53	70x	70	73	73	126	4
94	Benjamin Harrison	TCB	88.41	77x	77	80	80	100	105	110	110	190	1
94	Drew Christensen	Lakeville South	92.74	75	78	80	80	95	101	108x	101	181	2
94	Bryan McNamee	Lakeville South	93.96	72	76x	76x	72	100x	100	110x	100	172	3
94	Andrew Robinson	Red Wing	92.15	76	79	81x	79	90	94x	94x	90	169	4
94	Cody Gergen	Lakeville South	93.05	70	75x	75x	70	90	95x	95x	90	160	5
94	Alex Fritz	Northfield	91.46	70	73x	75x	70	83x	83	85	85	155	6
94	Mitch Patrikus	Northfield	86.36	56x	56	60x	56	79x	81x	81	81	137	7
94	Trevor Garcia	TCB	92.05	65	68	70	70	85x	85x	85x	0	0	8
94ex	Nathan Ripley	Cannon Falls	88.15	90x	90	93	93	112x	112	115x	112	205	-
105	Russell Pluhm	Lakeville North	97.07	85	90	95	95	106	110x	112x	106	201	1
105	Chris Nelson	Lakeville South	104.22	75x	75x	75	75	95	100	105	105	180	2
105	Alex Davis	Cannon Falls	100.97	65	70x	70x	65	95	100	102x	100	165	3
105	Josh Corbin	Northfield	103.84	80	83	85x	83	108x	108x	108x	0	0	
105+	Reid Olson	Northfield	106.55	72x	72	74x	72	92	95	98x	95	167	1
105+	Bill Jaehne	TCB	109.06	70	75x	75x	70	90	95x	98x	90	160	2