

Kindergarten Readiness Checklist

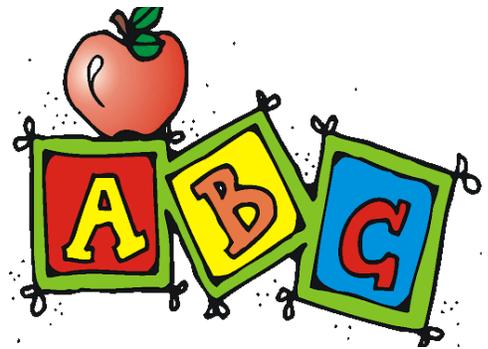
These are skills and experiences that are helpful and make successful Kindergarten year.

Reading Skills

1. Recognize name in print (in upper and lower case letters)
2. Distinguish differences between numbers and letters
3. Identify letters (half of uppercase/half of lower case) - out of alphabetic order
4. Produces letter sounds when shown the letter (Half of alphabet)
5. Show interest in reading
 1. Choose a book
 2. Independently look at pictures
6. Concepts of print
 1. Know front cover from back cover
 2. How to turn pages
7. Sit and listen to a story (approximately 5 minutes)
8. Retell parts of story/answer recall questions
9. Make predictions while reading
10. Exposure to rhyming

Writing Skills

1. Write first name (start at top, capital letter for first letter)
2. Hold pencil effectively (such as the tripod hold)
3. Use helper hand to hold paper
4. Express ideas on paper (pictures)
5. Exposed to print
6. Can copy symbols (0,x,+)
7. Interest in writing during play



Speaking Skills

1. Express needs/wants
2. Answer "W" questions (who,where,when,what)

Math Skills

1. Recognize basic shapes (circle, triangle, square, rectangle)
2. Count to 20
3. 1 to 1 correspondence to 10 objects
4. Identify Numerals 0-10 (out of sequence)
5. Count backwards from 10
6. Sorting by color, shape, and size
7. Identify basic colors (red, orange, yellow, green, blue, purple, brown and black)

Social/Behavioral

1. Dress independently (zip, button, coat, winter gear)

2. Bathroom independently
3. Separate from parents
4. Verbalize needs with respect
5. Willingness to try different activities independently
6. Work and play cooperatively
7. Take care of belongings
8. Respectful of space and belongings of others
9. Follow basic school rules (listen, sit for 10 minutes, follow basic directions, keep hands to self)
10. Ability to calm or self-soothe

Coping Skills

1. Child has ability to identify/verbalize what upsets them
2. Ability to calm self independently
3. Patience, strategies to sooth self



What can parents do:

1. Read Daily - real books
2. Play Board Games to help:
 1. Build problem - solving skills
 2. With speech development
 3. Sportsmanship/how to be a winner or loser
3. Play with child
4. Have conversations with child
5. Positive First Day/School talks
 1. Don't show your child that you are worries about Kindergarten/School - fear projections
6. Go to school and do an extra walk through to ease anxiety
7. Participate in Open House, Assessment Day, Conferences, other special school events